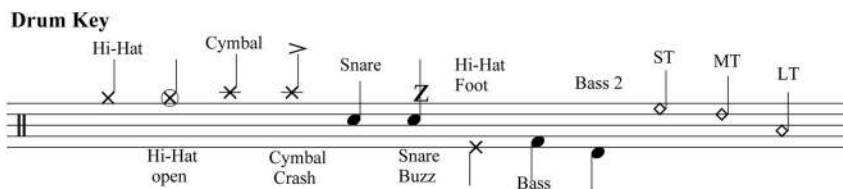


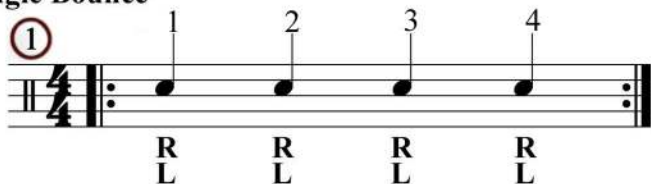
The circles with numbers ① indicate chapter marks and will help guide you through both written and visual material.



Lesson 1

Balance the drum stick across middle finger then apply thumb and index finger (fulcrum). Start with the drum stick in up position. Then allow the drum stick to drop and bounce itself in a free bounce. Starting in an up position, bounce the stick in single strokes, eight on eight and alternating strokes.

Single Bounce



Eight on Eight



Alternating Strokes

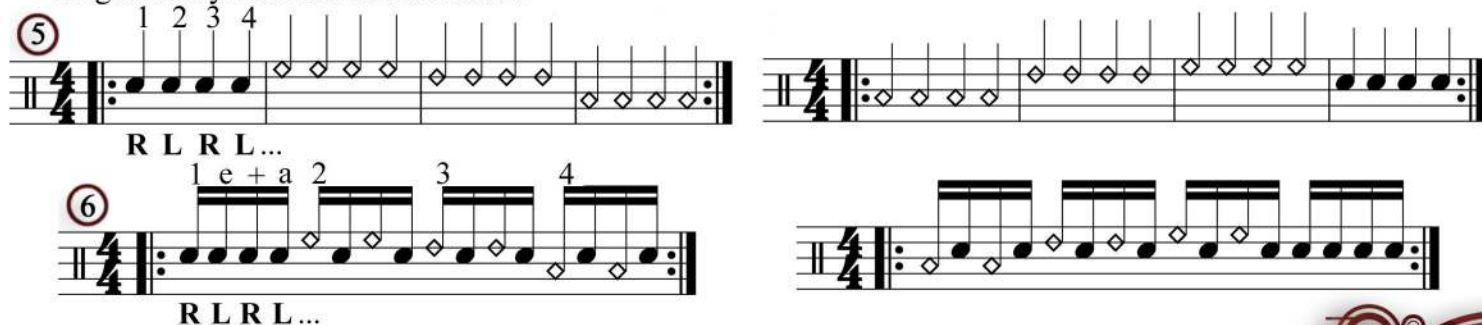


Lesson 2

Apply what we learned on the practice pad to the drum set. Play quarter notes on the hi-hat then add snare on beat 3, bass on 1 and then all together in a half time rock groove.



Play singles around the drum set clockwise then counter clockwise. Then try right hand only around the drum set. Notice, that the size of the drum requires the use of dynamics for a balanced sound level. Also try on singles on cymbals as demonstrated.



Note: Watch for "Related Lessons" on the lesson player page for advanced studies.



Lesson 3

Start both hands up in an open position. Strike the drum twice with each hand in alternating strokes, "Mama-Daddy."

Double-Stroke Roll

1 e + a 2 3 4

RR LL RR LL ...

Add further pressure with the fulcrum and with straight arm press into the drum head to create a press roll also known as a buzz roll.

Press Roll

1 e + a 2 3 4

R L R L R L R L R L R L R L R L

Lesson 4

Rock Beat with 8th notes

1 + 2 + 3 + 4 +

Hi-Hat Combo of 16th and 8th notes

1 e + a 2 e + a 3 + 4 +

R R L L R R L L R L R L

R R L L R R L L R L R L

1 2 3 4

R R L L R R L L R L R L

Doubles around the drum set

1 e + a 2 3 4

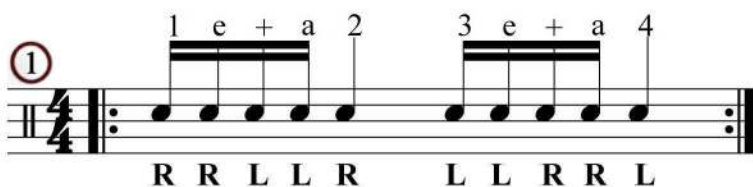
R R L L R R L L R R L L R R L L

R R L L R R L L R R L L R R L L

Lesson 5

Five Stroke Roll

①



R R L L R L L R R L

Paradiddle

②



R L R R L R L L R L R R L R L L

Lesson 6

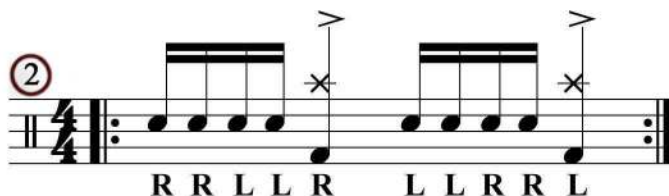
Five Stroke Roll around the drum set.

①



R R L L R L L R R L

②



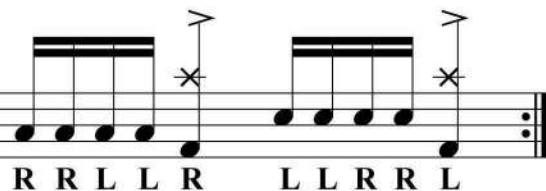
R R L L R L L R R L

③



R R L L R L L R R L

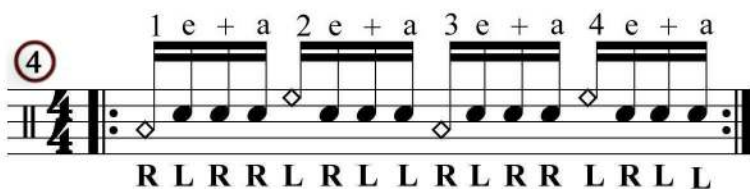
④



R R L L R L L R R L

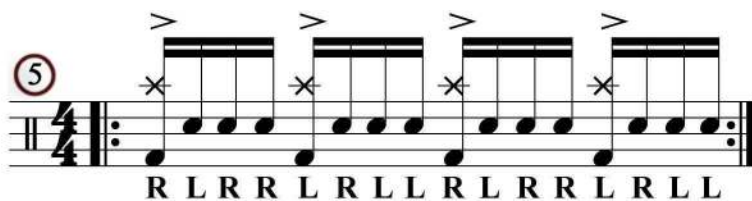
Paradiddle around the drum set.

④



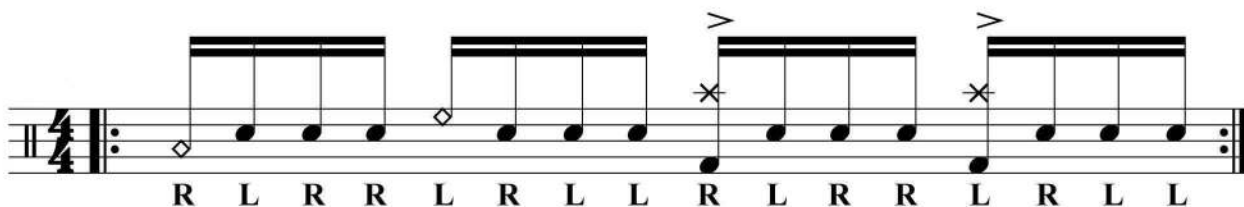
R L R R L R L L R L R R L R L L

⑤



R L R R L R L L R L R R L R L L

⑥



R L R R L R L L R L R R L R L L

Lesson 7

Triplets alternate sticking with accents.

①

1 + a 2 + a 3 + a 4 + a

(Musical notation: 4/4 time, triplet of eighth notes with accents and 'a' for accent)

R L R L R L R L R L

Triplets single sticking using down-tap-up technique.

②

(Musical notation: 4/4 time, triplet of eighth notes with accents)

R R R...
L L L...

Paraparadiddle

③

(Musical notation: 4/4 time, triplet of eighth notes with accents)

R L R L R R L R L R L L

Lesson 8

Triplets on Drumset

①

1 3 2 3 3 3 4 3

(Musical notation: 4/4 time, triplet of eighth notes on snare)

②

(Musical notation: 4/4 time, triplet of eighth notes on snare)

③

(Musical notation: 4/4 time, triplet of eighth notes on snare)

④

(Musical notation: 4/4 time, triplet of eighth notes on snare)

⑤

Shuffle

(Musical notation: 4/4 time, triplet of eighth notes on snare with shuffle feel)

⑥

(Musical notation: 4/4 time, triplet of eighth notes on snare)

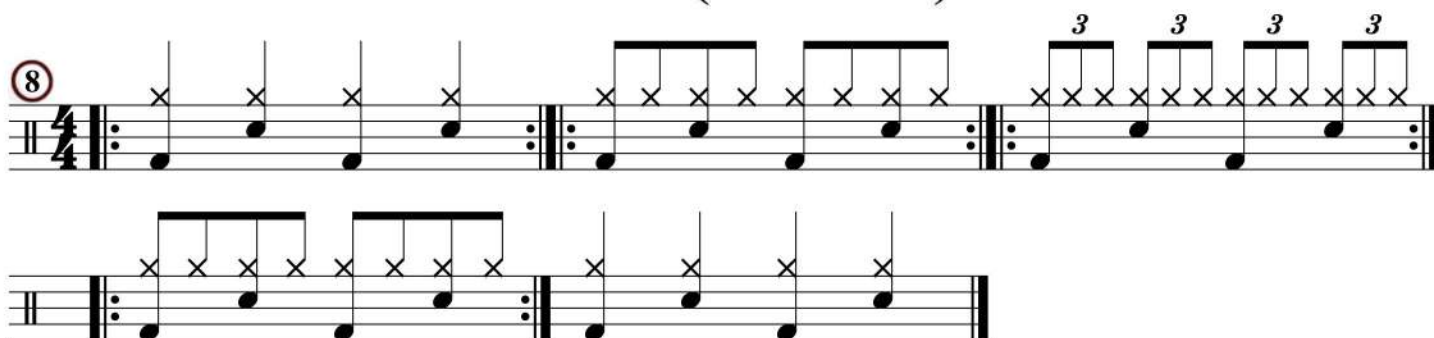
Quarter, eighth and eighth note triplets.

⑦

(Musical notation: 4/4 time, quarter, eighth, and eighth note triplets)

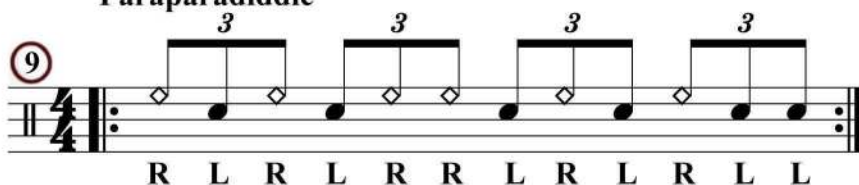
Lesson 8 (continued)

⑧



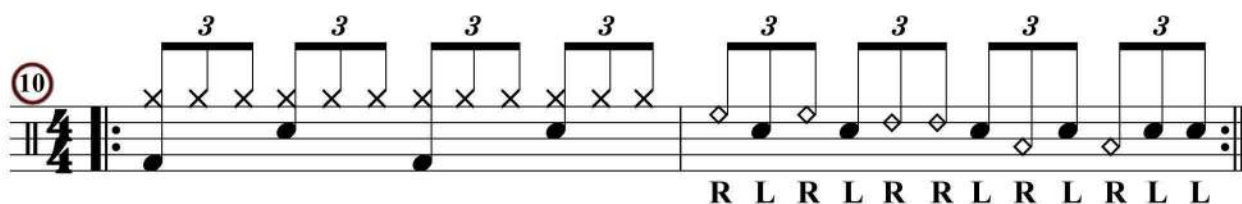
Paraparadiddle

⑨



R L R L R R L R L R L L

⑩



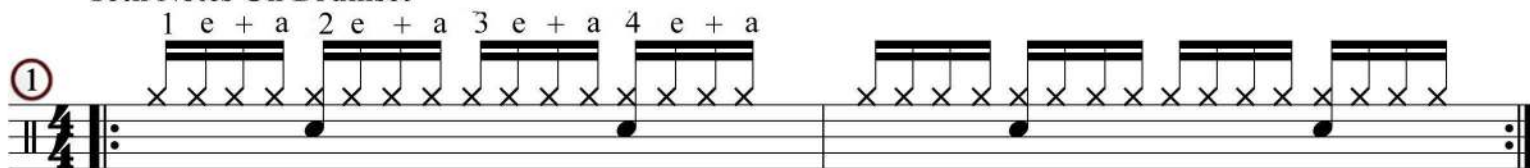
R L R L R R L R L R L L

Lesson 9

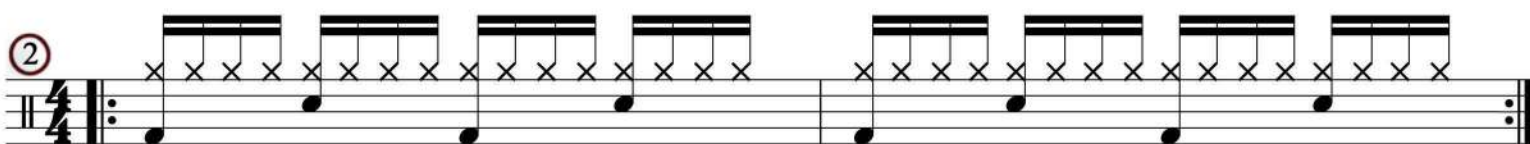
16th Notes On Drumset

①

1 e + a 2 e + a 3 e + a 4 e + a

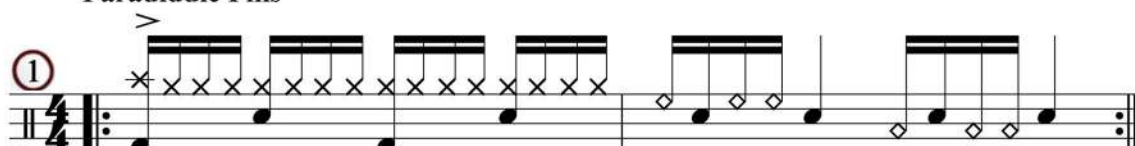


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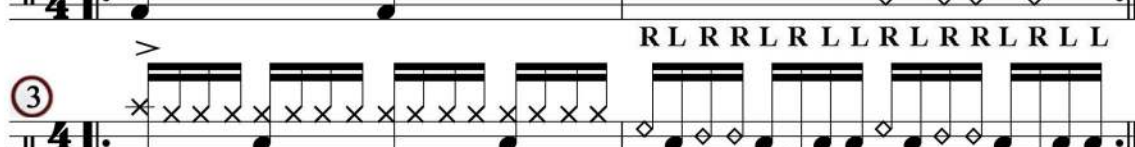


Lesson 10

Paradiddle Fills

① 
R L R R L R L R R L

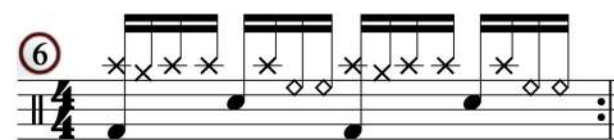
② 
R L R R L R L R R L

③ 
R L R R L R L L R L R R L R L L

④ 
R L R R L R L L R L R R L R L L

Paradiddle

⑤ 

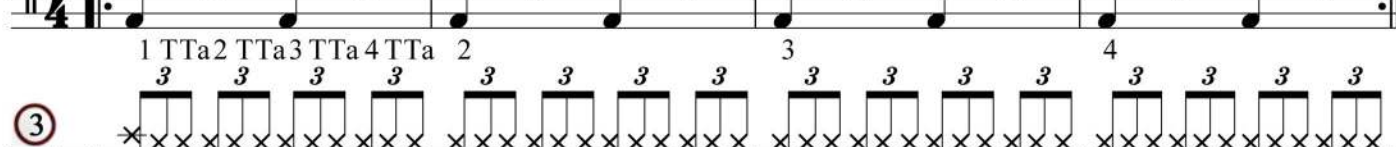
⑥ 

Counting bars while playing Grooves

Lesson 11

① 
1 2 3 4 2 2 3 4 3 2 3 4 4 2 3 4

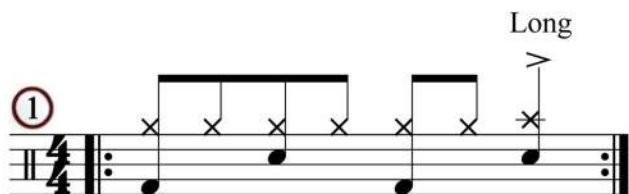
② 
1 + 2 + 3 + 4 + 2 3 4

③ 
1 T Ta 2 T Ta 3 T Ta 4 T Ta 2 3 3 3 3 3 3 3 4 3 3 3 3

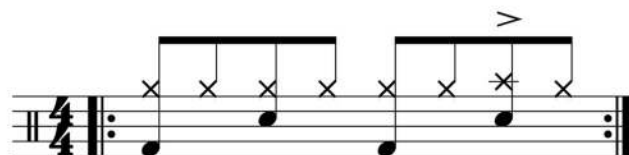
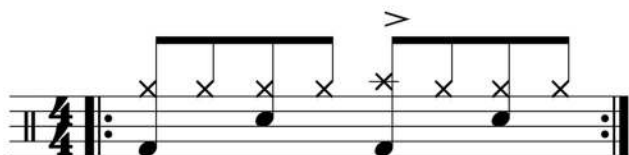
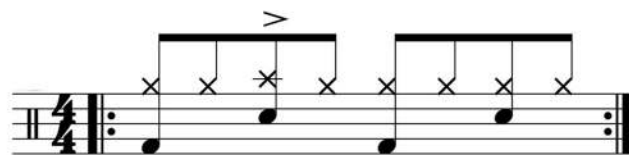
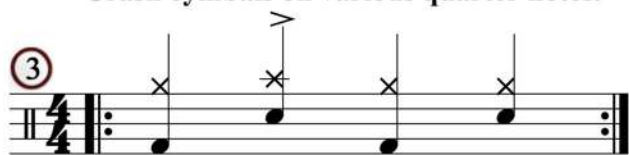
④ 
1 e + a 2 e + a 3 e + a 4 e + a 2 3 4

Lesson 12

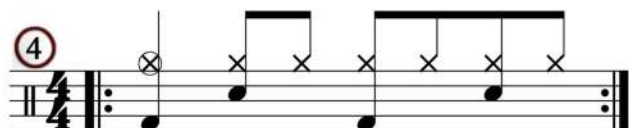
Some articulations could be described as long and short tones. Below you will find some examples of how to accompany long and short tones.



Crash cymbals on various quarter notes.

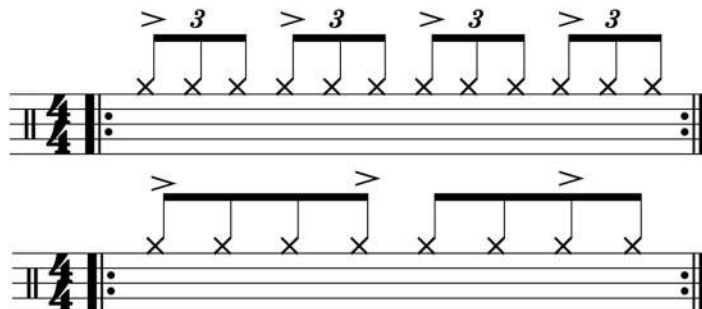
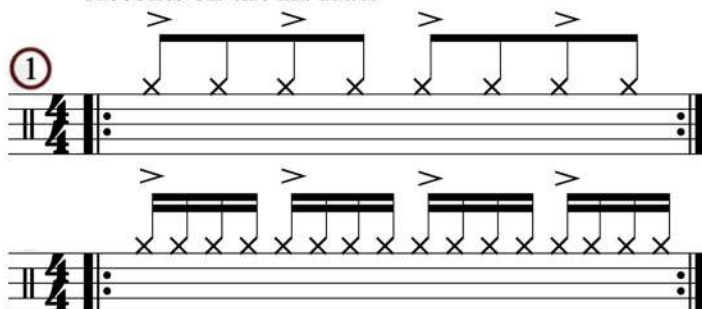


Opening hi-hat on various quarter notes.



Lesson 13

Accents on the Hi-Hats



R L R L R L R L

Lesson 13 (continued)

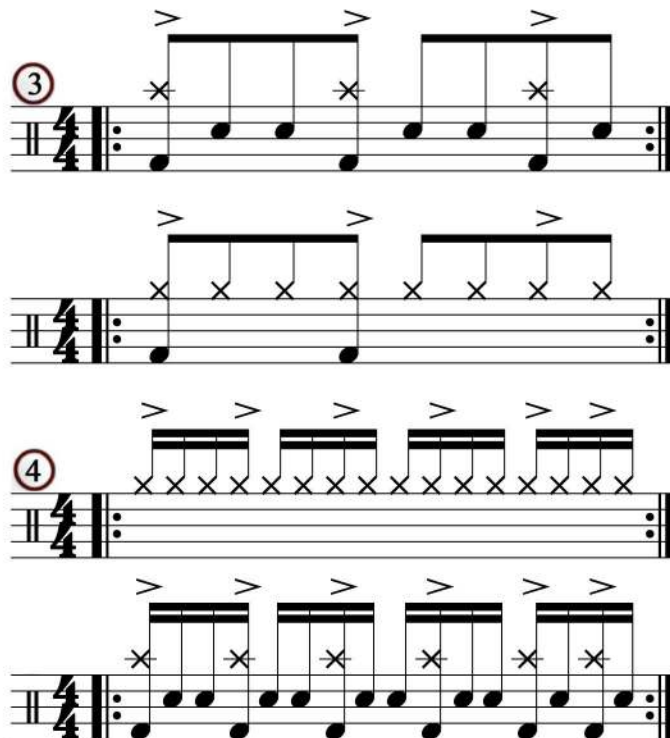
②



R L R L R L R L

R L R L...

③



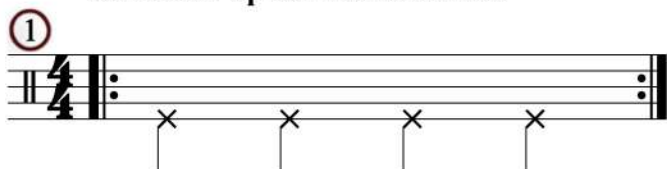
④



Lesson 14

Start heel up for closed sounds

①



Start heel down for softer sounds and up for more leverage.

②

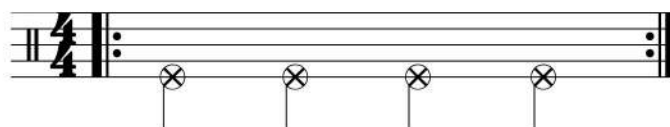


Double Bass using a slide motion.

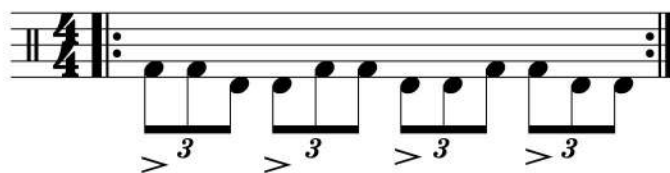


R R L L...

Start heel down for open sounds



Roll from the ball of the foot.



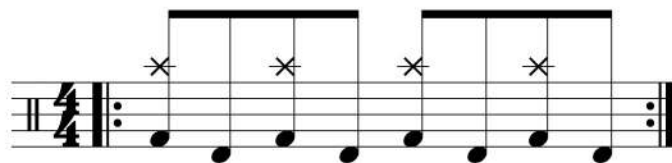
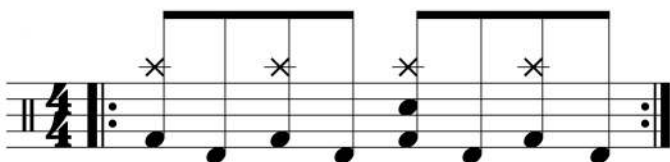
Lesson 15

Double Bass Patterns

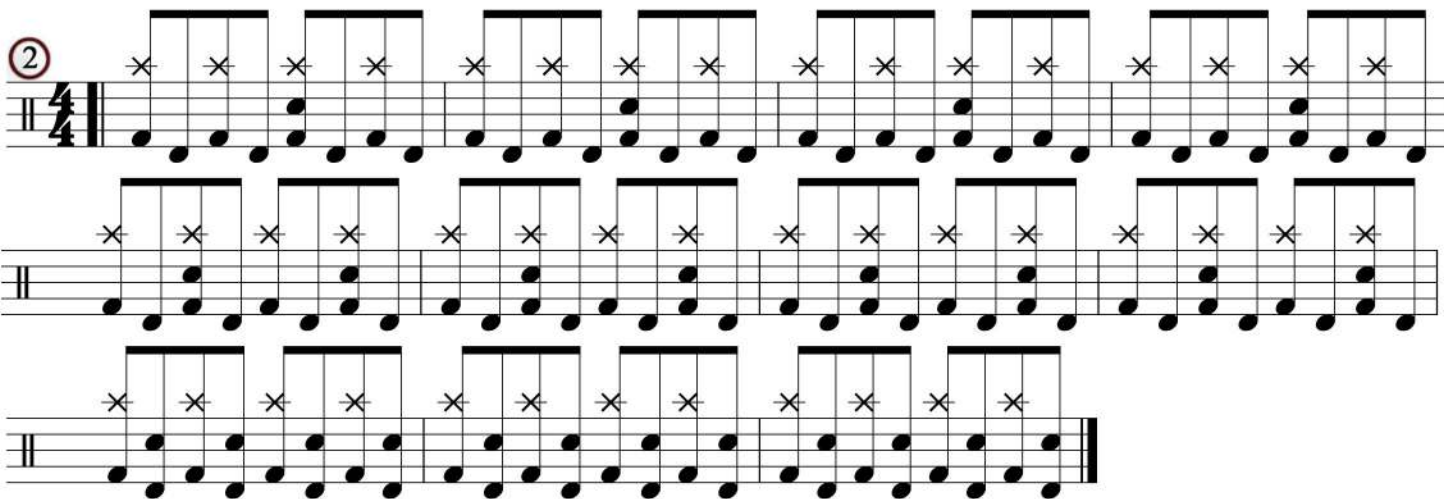
①



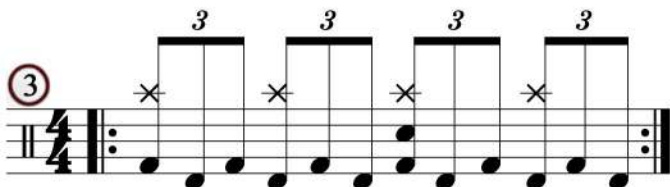
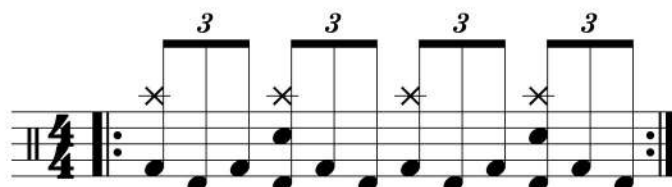
R L R L R L R L


②



③

④



⑤



Review lessons and song form.

Page 10 of 10

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