

Gregg Bissonette

Cross-Stick Patterns

1 Basic Cross-Stick Pattern & Feathered Bass Drum

0:51

2 Adding Kick On The & Of 2

3:07

3 Cross-Stick Pattern (Adding Toms)

5:30

4 Up Beat Hi-Hat Pattern

8:25

5 Adding Kick On The & Of 4

11:22

6 Rolling Triplets

16:46