

Val Sepulveda

Playing - Beginning

Lesson 1: Basic Rock Beat #1

1 Quarter Notes Played On The Bass Drum

1 2 3 4

B.D.

⌚ 2:08

2 Counting 8th Notes

1 & 2 & 3 & 4 &

B.D.

⌚ 3:15

2b Counting 8th Notes With Bass Drum

1 & 2 & 3 & 4 &

B.D.

⌚ 4:05

3 Bass Drum With 8th Note Hi-Hat

1 & 2 & 3 & 4 &

H.H.

B.D.

⌚ 5:00

T R T R T R T R

4 Full Rock Groove With 8th Note Hi-Hat

1 & 2 & 3 & 4 &

H.H.

S.D.

B.D.

⌚ 8:12

T R AT R T R AT R

T= Together R= Right AT= All Together

Lesson 2: Basic Rock Beat #2

1 8th Note Hi-Hat With Bass Drum

① 2:07

2 Rock Groove With 8th Note Hi-Hat

① 4:25

Lesson 3: Beat Combinations

1 Full Rock Groove

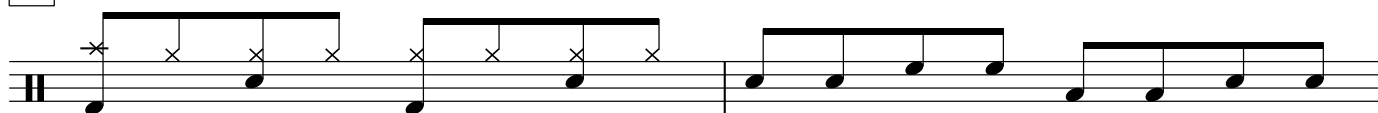
① 0:27

Lesson 4: 8th Note Fills

1 Basic 8th Note Fill

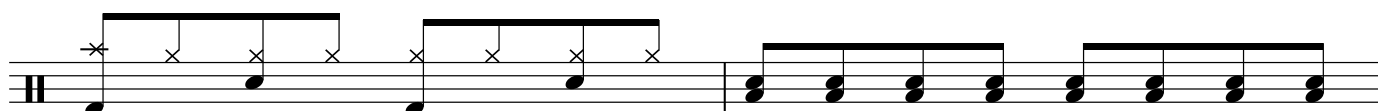
① 1:03

2 8th Note Fill Around The Toms



🕒 1:55

3 8th Note Build



🕒 4:23

Lesson 5: 16th Note Fills

1 Basic 16th Note Fill



🕒 1:11

R L R L R L R L R L R L R L R L

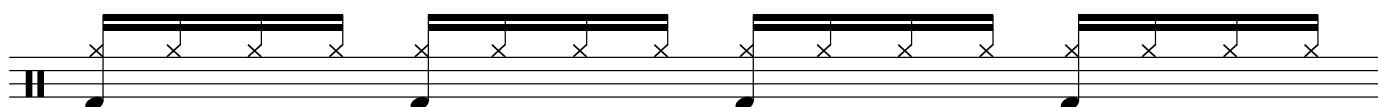
2 16th Note Fill Around The Toms



🕒 1:54

R L R L R L R L R L R L R L R L

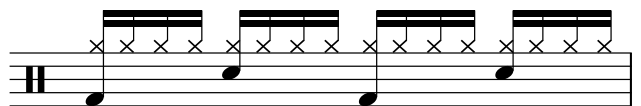
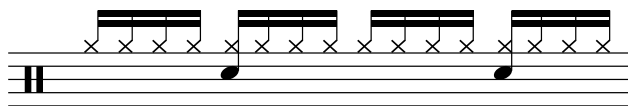
3 16th Notes With Bass Drum



🕒 3:55

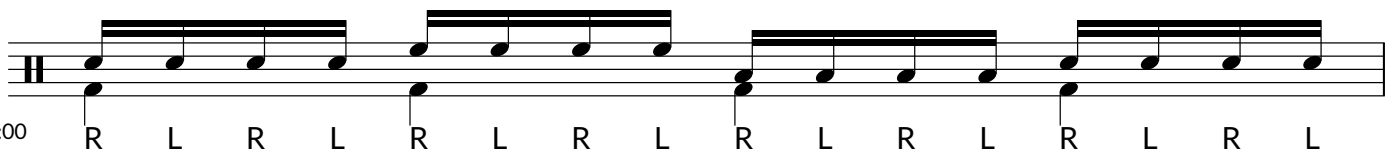
4

4 16th Note Groove Adding Snare & Bass Drum



⌚ 4:47

5 16th Note Fill Around The Toms



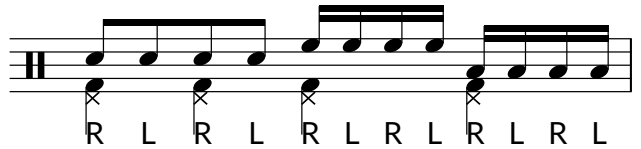
⌚ 7:00

Lesson 6: Combining 8th & 16th Notes

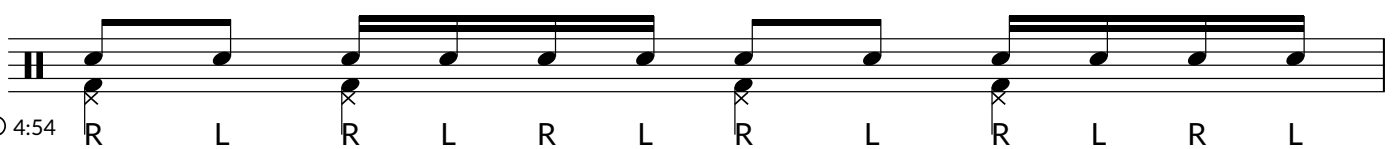
1 8th & 16th Note Combination Fill



⌚ 1:30



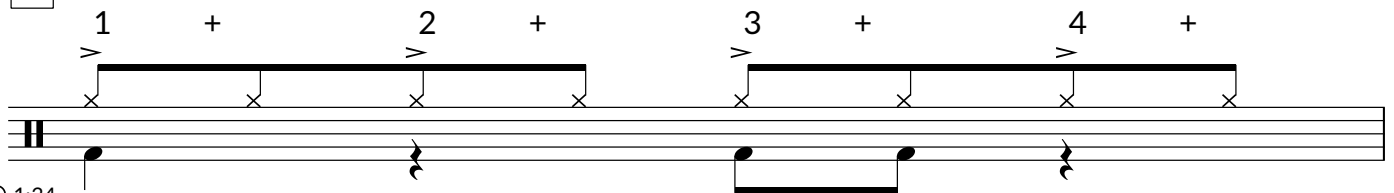
2 8th & 16th Note Variation



⌚ 4:54

Lesson 7: Rock Beat #3

1 Hi Hat With Bass Drum Pattern



⌚ 1:34

2 Snare & Bass Drum Rhythm

② 2:14

3 Full Groove

③ 2:49

4 Adding 16th Note Fills

④ 4:21

Lesson 8: Triplets

1 Basic Triplet Fill

① 1:34

2 Groove With Triplet Fill

② 2:14

3 Extended Triplet Fill

6

Ⓢ 4:43

R L R L R L R L R L R L

Lesson 9: Combining 8th, Triplet & 16th Note Fills

1 Fill With 8th Notes, Triplet & 16th Notes

Ⓢ 1:07

R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L

2 Variation Fills Using 8th, Triplet & 16th Notes

Ⓢ 5:07

R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L

Lesson 10: Review

1 Rock Beat #1

Ⓢ 0:50

1 2 3 4

2 Rock Beat #2

Ⓢ 1:34

1 2 3 4

3 Rock Beat #3

1 + 2 + 3 + 4 +

③ 2:29

4 8th & 16th Note Fill

③ 3:09

R L R L R L R L R L R L R L R L R L R L

5 Triplet Fill

④ 4:34

R L R L R L R L R L R L

6 Combination Fill

④ 5:40

R L R L R L R L R L R L