

Matt Garstka
Pad Exercises For The Kit

1 Ghost Note Exercise With Quarter Note Pulse

R.H.
L.H>>

1:06 R L L R L L B L L R L L

2 Groupings Of 3 & 5 With Quarter Note Pulse

R.H.
L.H>>

1:06 B L L B L L R L L B L L R L L B L B L L R L L

3 Groupings Of 7 With Quarter Note Pulse

R.H.
L.H>>

1:06 B B R B L R B R L R B B B R B B R L R B R L B R